

Learn

CPR

& SAVE A LIFE

The Basic

principals of **CPR**:

- Respiratory Arrest
- Choking
- Heimlich Maneuver
- Heart Attack
- Stroke
- Cardiac Arrest
- Breathing difficulties
- Sudden Infant Death Syndrome (SIDS)

The course takes just four hours. We can come to your place of employment, or schedule an off-site program for your staff.

Also available:

Continuing education
Certifications
First Aid Classes
Health Lectures
Health Fairs
Group rates



Learn to save a life **today...**

Doctors Hospital through their Community Training Center offers many programs accredited by the American Heart Association. Our most appealing course offering is the CPR course. The CPR course is given at an affordable price, and can be offered to family and friends. The course introduces the subjects of life-threatening emergencies and the Chain of Survival for adults, infants, and children, and outlines the basic principals of CPR for infants, children, and adults. The course defines the warning signs of respiratory arrest and gives prevention strategies to avoid sudden infant death syndrome and the most common serious injuries and choking that occur in infants and children.



DOCTORS HOSPITAL

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Contact a Community Training Center Representative at 302-4722 for more information.